

## 7.1 ECP Case studies

**Objective:** Review and re-enforce the knowledge taught about ECP.

**Preparation:** Read and review the case studies below and adapt to ensure they are relevant and appropriate for the local context and culture. Print them out and cut into individual questions to be handed out. These can be used in one session or use a few case studies at a time over a longer period of time to ensure participants retain knowledge and to refresh training.

**Time:** 20 minutes

**Required resources:** Print out of case studies and/or powerpoint of case studies

### Facilitator instructions:

The facilitator can either:

– Read the case studies out loud and ask the group to discuss “Should you offer ECP?”

Or

– Print out and hand out the case studies and ask the participants to read, review and discuss

Or

– Select some case studies on the power point slide

### ECP case studies:

1. Fatmeh is an 18-year-old who has come to you asking about ECP, saying she heard about it from friends and thinks she might need it. She tells you she had sex last night with an older man, whom she has been seeing lately in exchange for food and money. They had always used a condom before, but the man refused this time and forced her to have sex. Fatmeh does not want to become pregnant but is scared to try ECP because she thinks it is dangerous.

What do you do? Should you offer ECP?

2. Florence is a 45-year-old woman who was raped by 4 men with her daughter and two women friends while they were searching for firewood. Two weeks later, she comes to the health center because she needs relief for the wound on her hip she got during the rape. She tells you everything that happened.

What do you do? Should you offer ECP?

3. You have a patient who tells you her husband forced her to have sex 2 nights ago, she has given birth to 7 children, but two have died from starvation and sickness. She does not have enough food for a 6th child. She is worried. She has a black eye.

What do you do? Should you offer ECP?

4. Your patient is 15 years old and was raped 2 days ago. She has come alone without her parents. Her parents do not know that she has come to you.

What do you do? Should you offer ECP?

5. A patient is 17 years old and reports that she was raped while collecting firewood outside of the camp for internally displaced persons yesterday. She is asking for ECP. When you see her, you recognize her. She came five times this year requesting ECPs. You are concerned that she is using ECPs as regular contraception.

What do you do? Should you offer ECP?

6. A woman is breastfeeding. She was raped 4 days ago by her neighbour. Her husband does not know and she is very worried. She asks if there is a way to prevent the pregnancy.

What do you do? Should you offer ECP?

7. A patient tells you that her husband has a drinking problem, has been beating her very severely and forcing her to have sex. He came home drunk 3 nights ago, beat her and forced her to have sex. Her parents have agreed for her to divorce and return to their home. She does not want to become pregnant from her husband.

What do you do? Should you offer ECP?

8. A young 14 year old girl named Mary comes and tells you that her parents have died. She does not have enough money or food, she works in the market selling tea. A rich man came to buy tea, he agreed to give her food and money in exchange for sex. She had sex with him 3 nights ago. She heard about ECP from her friend, she is very nervous about pregnancy.

What do you do? Should you offer ECP?

9. A woman comes to you. She is still breastfeeding, her little girl is 9 months old. Her husband forced her to have sex last night. She is worried about becoming pregnant, it would be very shameful for her. She comes to the clinic, her husband does not know that she is at the clinic and would be upset if he know she came without his knowledge or permission.

What do you do? Should you offer ECP?

10. A woman was walking by foot from her village to visit her parents in another village far away. In a place between the villages, two men with guns attacked her and raped her. They look her clothes off, grabbed her body and put guns and sticks in her vagina. This happened 2 days ago.

What do you do? Should you offer ECP?

*Adapted from MSF OCA (2019) Field training curriculum on sexual violence and intimate partner violence*