

Table 10 **Sample emergency contraception regimens^a**

| REGIMEN | PILL COMPOSITION (PER DOSE) | BRAND NAMES | 1ST DOSE (NO. OF PILLS) | 2ND DOSE (NO. OF PILLS) |
|--------------------------------|-----------------------------------------------------|--------------------------------------------------------------------------------------------------------------|-------------------------|-------------------------|
| Levonorgestrel only | LNG 750 µg | Levonelle-2 NorLevo Plan B Postinor-2 Vikela | 2 | NA |
| | LNG 30 µg | Microlut Microval Norgeston | 50 | NA |
| | LNG 37.5 µg | Ovrette | 40 | NA |
| Combined estrogen-progesterone | EE 50 µg + LNG 250 µg or EE 50 µg + NG 500 µg | Eugynon 50 Fertilan Neogynon Noral Nordiol Ovidon Ovral Ovran Tetragynon/PC-4 Preven | 2 | 2 |
| | EE 30 µg + LNG 150 µg or EE 30 µg + NG 300 µg | Lo/Femenal Microgynon 30, Nordette Ovral L Rigevidon | 4 | 4 |

EE = ethinylestradiol; LNG = levonorgestrel; NG = norgestrel; NA = not applicable.

^a Levonorgestrel-only pills should be given in a single dose within 5 days of the assault. The first dose of a combined ECP regimen should be given within 72 hours of the assault, and the second dose 12 hours after the first dose.

Source: Adapted from reference (55).