

### **9.3 Case Study – male survivors of sexual abuse**

#### **Objective:**

Review the medical care to offer male survivors of sexual abuse

#### **Time:**

20-30 minutes

#### **Resources suggested:**

Print out of the case study for participants

#### **Facilitator's instructions:**

- Divide the group into small groups of 3 or 4.
- Distribute the case study and questions
- After 5-10 minutes bring the group back together and ask groups to share key points from their discussion.

#### **Participant instructions:**

Case study

Ahmed is a 17 year-old survivor of sexual violence, seeking medical care, who does not want anyone to find out about the assault. Four weeks ago, an older male co-worker who he had been friendly with asked Ahmed if he wanted to come to his home for dinner and to play games on the internet. Ahmed was excited by the invitation because he thought this coworker was cool and wanted to become friends. At the co-worker's house Ahmed learned that the coworker was staying alone because his wife and children were away at the moment. The coworker wanted to celebrate with some alcohol. Ahmed didn't normally drink and didn't want to but his co-worker was teasing him about always following the rules and Ahmed wanted to impress him. The co-worker put on music and the two were dancing. Ahmed was having fun, until the co-worker started touching him. Ahmed was feeling very uncomfortable but didn't know what to do and didn't really know what was going on. The co-worker started to unzip his pants and forced Ahmed to touch him. Ahmed tried to pull away but the co-worker grabbed him and was holding him down. His co-worker forced him to have oral sex. The co-worker threatened that if Ahmed told anyone their secret that he would tell everyone at work that Ahmed was gay. Homosexuality is very stigmatized in Ahmed's community, and LGBTQI people are very discriminated against. Ahmed knows that rumors about him being gay could put his life and livelihood at risk.

#### **Questions:**

How would you respond to Ahmed – how would you show Ahmed you are listening, how would you inquire about his needs, validate, enhance his safety and connect him with support? What medical care would you offer Ahmed? To prevent or treat injuries, HIV, STIs, tetanus, hepatitis B and any other needs?